

**THREE PILLARS TO PIRACY RESPONSE:**

1. **Part of the response to maritime piracy should help seafarers prepare for potential exposure to pirate attack and cope with their experiences during and after the event.** This should be an integrated response including pre-event planning and training and during-event management as well as post-event support and care. Care for the families should also be an integral part of the response.

2. **Post-event care should include social integration and support as well as targeted mental health support.** All hostages will benefit from the former, and a minority will need the latter.

3. **Programs designed to mitigate the long-term impact of piracy should also support resilience in the face of other traumatic maritime events.**

In practice, addressing these issues will require a coordinated effort from seafarer support organizations, industry, and states. This will require a corresponding increase in appreciation for the breadth and depth of the impact of piracy and other traumas on the seafarer population. However, this research also demonstrates that seafarers are a resilient community and suggests that with the development of more robust systems for support, this resilience can be reinforced.